

Thank you for your interest in sharing your tale from the trail with us. We created this overview to help you understand how it will all go down. If you questions email us and we'll get back to you super quick!

## TOPIC AREAS

The Trails'nTales podcast is all about sharing the amazing stories we all have from our time on hiking or running trails and shredding slopes. Heck, anywhere there is a trail, we want to hear about it! Here is a sampling of podcast categories.

- Day Hikes
- Backpacking
- Trail running
- Snowboarding (resort or backcountry)

## WHAT TO EXPECT

- Interview time is no more than 45 minutes
- You will receive the questions one week in advance
- The conversation will happen via Zoom (video optional)
- You will receive a link to the podcast to share via social media
- You will receive a free t-shirt and sticker (be sure to select your size when registering!)

## QUESTIONS?

Email us at [podcast@alpinerising.com](mailto:podcast@alpinerising.com)

---



Register at [alpinerising.com](http://alpinerising.com)